



Registration Fees:

5K & 12K are the same fee.

- \$27.00 for adults - \$15.00 for 18 & under
- Race Day \$35.00 for adults - \$20.00 for 18 & under
- Free Kids 1/4 Mile Fun Run but they must register
- Free 1 Mile Kids Run but they must register

Ways to Register:

Online: www.RunRocklin.com

Mail: Complete & mail the entry form on this flyer or download the registration form at www.RunRocklin.com. Mailed entries must be postmarked by April 12th.

In Person: April 16, 2:00 pm—7:00 pm
April 17 9:00 am—5:00 pm
At the corner of Sunset & Pacific in front of the **Blue Moose Deli & Coffee House**
5895 Pacific St, Rocklin, CA

Race Day: Johnson-Springview Park, Rocklin 6:30—7:30 am

Registration reminders: Number and t-shirt are not mailed, no entry refund or transfer, entry is not confirmed by mail or phone. Race held rain or shine.

Packet Pickup:

Pre Race: April 16, 2:00 pm—7:00pm
April 17, 9:00 am—5:00pm
At the corner of Sunset & Pacific in front of the **Blue Moose Deli & Coffee House**
5895 Pacific St, Rocklin, CA

Race Day: Johnson-Springview Park, 6:30—7:30 am
Registration for 1 Mile Kids Run open until 9:00am

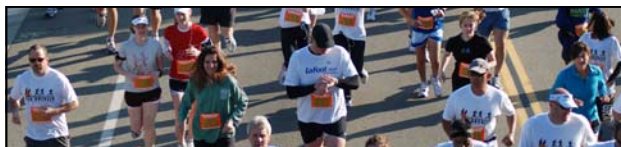
Group/Team Participation - [Complete Details at RunRocklin.com](http://www.RunRocklin.com)
6 or more people running/walking in either the 5K or 12K. Not necessarily a competitive endeavor. This is all about having fun and the bragging rights of supporting a community event and helping contribute to a worthwhile cause. Each member of a registered group will receive an event T shirt with the group name on the back of the shirt. Last day for group/team registration is April 1.

If you are a team member indicate your team name on the reg form and inform your team captain that you have registered.

Service Club Groups: The Rotary Club of Rocklin/Loomis Basin will be assisting Run Rocklin in an effort to recruit Service Club Groups. <http://www.rotary-rocklin-loomisbasin.org/>



Information: Larry Osborne, Race Director 916 415-9991



The race will start and end at Johnson-Springview Park. Both the long and short courses roll through the neighborhoods of Rocklin along smoothed paved roads and are certified. The 5k (3.1 miles) is a mostly flat course while the 12k (7.46 miles) features flat sections and scenic rolling hills through Clover Valley, one of Rocklin's most beautiful neighborhoods. Great early season run for everyone—elite runners, fitness walkers and family fitness.

Race Date: Sunday, April 18, 2010
Race Time : Kids 1/4 mile Fun Run @ 7:45 am
12k at 8:00 am 5k at 8:15am
1 Mile Kids Run at 9:30am

Please arrive early and allow time for parking.

Race Start and Finish Location:

Johnson-Springview Park, 5480 5th Street, Rocklin, CA. There are several parking lots at Johnson-Springview Park plus on street parking in the surrounding neighborhood.

T Shirts: Colorful commemorative shirt guaranteed for all preregistered runners. Not guaranteed for Race Day registration.

Awards & Prize Money:

Ribbons for all finishers.
Prize money for 1st—3rd, Men & Women both events, 1st Masters men and women, 1st to the 12K two mile mark - men and women. Awards for the top 3 finishers in each age group 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+. Results posted on-line www.RunRocklin.com.

Race Timing: Capital Road Race Management using ChampionChip computerized timing system. **A \$30.00 fee is assessed if the chip is not returned at the race finish line.**

Race Photography: Facchino Photography

Directions:

From Sacramento / Davis: CAPITAL CITY FRWY/I-80 E becomes I-80 E. Take ROCKLIN RD exit and turn left onto ROCKLIN RD (west). Follow ROCKLIN RD. until it ends at 5th St., take a left on 5th Street.

From Tahoe / North Shore: Take I-80 West towards Sacramento. Take the ROCKLIN RD exit and take a right onto ROCKLIN RD.(west), follow until it ends at 5th Street, take a LEFT on 5th St.



We recommend that all runners & walkers carry
Emergency Contact ID.

RunnersID.com

Run Rocklin, Sunday April 18, 2010—Mail entry to: Elephant Ideas, 3300 Quartz Ct. Rocklin, CA 95677 Check Payable to Elephant Ideas Run Rocklin

Registration Fees

are the same for the 5K and 12K

Check the race you are registering for:

5K ___ 12 K ___ 1 Mile Kids Run ___ 1/4 Kids Fun Run

Check the amount of money you are enclosing

___ Adult \$27.00 ___ 18 or under \$15.00

1 Mile Kids Run & 1/4 Kids Fun Run are Free

Race Day the fee is \$35.00 & \$20.00

Official Use Only BIB # _____

Check Payable to: Elephant Ideas
3300 Quartz Ct., Rocklin, CA 95677

Mailed entries must be postmarked by April 12, 2010

No Refunds—Race is held rain or shine
Event Management by Elephant Ideas.

Rocklin, CA 95677 916 415-9991

First Name	Last Name	Sex: ___ Male ___ Female
Address	Age (on race day) _____	T-shirt: S ___ M ___ L ___ XL ___ XXL
City	State	Zip
Day Phone	CC#	EXP
E-mail	Code	

If you are on a team what is your team name _____ Team Captain _____

I agree to indemnify and hold harmless the City of Rocklin, Run Rocklin Committee members, any/all other co-sponsoring agencies and subcontractors from any and all liability for injuries and damages which may arise as a result of my participation in this activity. I further agree that the Rocklin City representatives, Run Rocklin committee members and volunteers may act in an emergency as best fits the situation in the event that myself or an emergency contact cannot be reached. I am aware that the sponsoring organizations do not carry medical insurance for participants in this activity and that I hereby affirm I am in proper physical condition to participate Run Rocklin. I will additionally permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, or any promotional materials.

Participant Signature (Parent/Guardian if participant is under 18) _____ date _____