



5K & 12K Run/Walk — 1/4 Mile Kids Fun Run

To Benefit the **Matt Redding Memorial Scholarship Foundation**

Date: Sunday April 18, 2010

Place: Johnson-Springview Park

www.RunRocklin.com

V
O
L
U
N
T
E
E
R

S
I
G
N
M
E

Join us on Sunday morning April 18th for a few hours of fun and community support. Perhaps a friend or family member is running or walking and you want to help make the event extra special by volunteering and cheering them on. Or maybe you would like to spend a few hours with thousands of your new friends who have come to Rocklin to support and benefit Community programs in Rocklin. You might be involved with an organization that will be benefited by this event. For whatever reason you are volunteering - Thank You.

Please complete the form at the bottom of this page and return it to:

Run Rocklin
c/o Elephant Ideas
3300 Quartz Ct
Rocklin, CA 95677

Phone: 916 624-0241 or 916 415-9991 Fax: 916 415-9993 Email: elephant@eaward.com www.RunRocklin.com

Volunteer Opportunities Include:

- **Course Marshall** - Directs runners, walkers, spectators and automobiles at all intersections..
- **Registration Assistant** - Greets participants and assists them in completing their race day registration.
- **Packet Pickup Coordinator** - Greets participants, directs and assists in the distribution of the race packets.
- **Expo Area Assistant** - Assists in the setup of the vendor expo area and directs vendors to their area.
- **Finish Line Assistant** - Assists in the setup of the finish line, greets finishers and removes their timing c

Training Session held April 14th. 6:30 pm at the Sunset Whitney Country Club

**Volunteers need to be at Johnson-Springview Park as early as 6:15 am
The Park is located at 5480 5th Street, Rocklin, CA**

Volunteers receive a Commemorative T Shirt,
Special Treats from Randy Peters Catering and Event Planning and
Our sincere Thanks for being a special part of this Community Event.

Run Rocklin Volunteer Form Mail to: Elephant Ideas, 3300 Quartz Ct Rocklin, CA 95677

Please print clearly, one Volunteer form per volunteer; photo copies OK.

_____ First Name		_____ Last Name		Circle Your T-shirt Size;	
_____ Address				S	M L XL XXL
_____ City		State	Zip	Circle Your Age Group	
_____ Day Phone		Email address			
		Under 16,	16-21		
		22-65	66+		

I agree to indemnify and hold harmless the City of Rocklin, Run Rocklin Committee members, any/all other co-sponsoring agencies and subcontractors from any and all liability for injuries and damages which may arise as a result of my participation in this activity. I further agree that the Rocklin City representatives, Run Rocklin committee members and volunteers may act in an emergency as best fits the situation in the event that myself or an emergency contact cannot be reached. I am aware that the sponsoring organizations do not carry medical insurance for participants in this activity and that I hereby affirm I am in proper physical condition to participate in the Run Rocklin event. I will additionally permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, or any promotional materials.

Participant Signature (Parent/Guardian if participant is under 18)

date

I am volunteering for:

Indicate your choices by entering a "1" & "2"

- ____ Course Marshall
- ____ Registration Assistant
- ____ Packet Pickup Coordinator
- ____ Expo Area Assistant
- ____ Finish Line Assistant

**Volunteers need to be at
Johnson-Springview Park
5480 5th Street
Rocklin, CA
As Early As 6:15 am**

Race is held rain or shine